

Usage Recommendations for Catalyst English (Beginners)

To set realistic study goals, learners and administrators need data on expected proficiency gains when using Rosetta Stone. This document provides usage recommendations for adult learners of English using Foundations. These recommendations are based on analyses of thousands of learners who have studied with Rosetta Stone Foundations in the past.

For the average English learner using Foundations, following the usage recommendations below increases the likelihood of making meaningful improvement in numeric score on the first proficiency test. Doing more than the minimum usage recommendations will increase the likelihood of improving English proficiency.

Usage Recommendations

A Foundations learner should do all of the following before their first proficiency test to increase their likelihood of improving on the Proficiency Test 1:

- ❑ Complete at least 4 units of course content (100% of a Level)
- ❑ Maintain activity throughout the study period allowing for only a few weeks hiatus
- ❑ Complete at least 26 hours of course content (does not include live tutoring hours)

The more content a learner completes, the more likely he/she will make meaningful improvement. Completion of a level should be stressed as a goal. As a learner's skill improves, he/she will need to complete more content to show improvement on a proficiency scale.

Percent of Learners with Improvement

| Placement CEFR Level | Completes Between 4-7 Units | Completes 8 or more Units |
|----------------------|-----------------------------|---------------------------|
| A1 | 62% of learners improved | 76% of learners improved |
| A2 | 56% of learners improved | 63% of learners improved |

Suggested Weekly Usage Based on Testing Interval

| Days b/t Tests | Minimum Hours per week | Level Completion % per week |
|--------------------------|------------------------|-----------------------------|
| 120 (17 weeks) | 1.5 | 6% |
| 150 (22 weeks) (default) | 1.2 | 5% |
| 180 (26 weeks) | 1.0 | 4% |

Live Tutoring

Live tutoring is correlated with improvement in proficiency. Learners that showed improvement and utilized live tutoring sessions completed on average 9 sessions before Proficiency Test 1.